

# MODULE 2: COMPREHENSIVE SCHOOL HEALTH

## KEY LEARNING OUTCOMES & REFLECTION QUESTIONS

### LEARNING OUTCOMES: FOR SELF-ASSESSMENT & REVIEW WITH COACH & MANAGER

1. Describe the comprehensive school health framework
2. Understand the goal of the School Health Standard and in own words describe some expected program outcomes.
3. Explain the Foundations for a Healthy School resource.
4. Demonstrate an understanding of how to assess the needs and assets of a school community.
5. List various health topics which may be addressed through the comprehensive school health approach.
6. Describe the important components of youth engagement as it relates to health promotion and disease / injury prevention.
7. Provide examples of the types of collaborations and partnerships with school boards and schools that are meaningful and contribute to the improvement of child and youth health.
8. Illustrate how a particular health topic would be addressed with the school in a comprehensive manner.
9. Outline communication structures and processes within public health, and between public health and school boards.

### REFLECTION QUESTIONS: FOR SELF-REFLECTION & GROUP DISCUSSION

#### GENERAL

What were the key concepts from this module?

What impact would they have on your role as a school nurse?

How do you see yourself using them in your role, in particular as it relates to the broader school health role and in more specific COVID-19 activities?

#### MODULE 2 SPECIFIC

What competencies (knowledge, skills, and attributes) would you use to build relationships with school partners?

What tangible strategies would you employ to engage with school communities and build partnerships?

What might be some of the challenges that could be encountered when assessing assets and needs of the school community?

## RESOURCES FOR LEARNING

### PRIORITY RESOURCES: COMPLETE REVIEW WITHIN FIRST TWO WEEKS

1. Ontario Public Health Standards: Requirements for Programs, Services, and Accountability
  - [School Health Standard](#) (pages 51 - 54)
  - [School Health Guideline, 2018](#)
  - [Mental Health Promotion Guideline, 2018](#)
2. [Ministry of Education Healthy Schools: Foundations for a Healthy School](#)
3. [Government of Ontario Guide to Re-Opening Schools](#)
4. [School Mental Health Ontario - COVID-19 Resources for Educators, Parents and Families, and Students](#)
5. [Hart's Ladder for Youth Engagement](#) (or [this older version](#))

### ESSENTIAL RESOURCES: COMPLETE REVIEW WITHIN FIRST MONTH

1. [OPHEA Six Step Healthy School Process](#)

### ADDITIONAL RESOURCES: FOR LEARNING AND REFERENCE

1. [The K - 12 School Effectiveness Framework: A Support for School Improvement and Student Success](#) (or [from the website](#))
2. [OPHEA Communities Video](#)
3. [Understanding Schools](#)

**Note:** Local health units will direct Public Health Nurses to information and resources related to specific health topics, and available community resources.

PLEASE COMPLETE [MODULE 2 EVALUATION](#)