

MODULE 5: CHILD & ADOLESCENT HEALTH

KEY LEARNING OUTCOMES & REFLECTION QUESTIONS

LEARNING OUTCOMES: FOR SELF-ASSESSMENT & REVIEW WITH COACH & MANAGER

1. Explain key concepts related to child and adolescent health.
2. Explain concepts related to child & youth mental health and well-being.
3. Elaborate on key issues that may be affecting students returning to school.
4. Explain principles of youth engagement and identify how these principles can be applied in school settings.
5. Outline local community supports and resources for students, educators, families, administrators, and health care providers.
6. Articulate ways to support students, families and educators to promote mental health during COVID-19 and the return to school..

REFLECTION QUESTIONS: FOR SELF-REFLECTION & GROUP DISCUSSION

GENERAL

What were the key concepts from this module?

What impact would they have on your role as a school nurse?

How do you see yourself using them in your role, in particular as it relates to the broader school health role and in more specific COVID-19 activities?

MODULE 5 SPECIFIC

How would you go about finding answers or solutions to complex issues within the context of the school community?

What strengths and assets might you see in children and youth returning to school?

How might you balance competing priorities and needs as you work to enhance the health and well being of school administrators, educators, students, and parents?

RESOURCES FOR LEARNING

PRIORITY RESOURCES: COMPLETE REVIEW WITHIN FIRST TWO WEEKS

1. [Ontario Public Health Standards: Requirements for Programs, Services, and Accountability](#)
 - Read the following Guideline:
 - [Healthy Growth & Development Guideline, 2018](#)
2. [Canadian Guidelines for Sexual Health Education](#)
 - Familiarize yourself with this resource
3. [Questions and Answers: Sexual Health Education in Schools & Other Settings](#)
 - Familiarize yourself with this resource
4. [RNAO BPG: Enhancing Healthy Adolescent Development](#)
5. [Ontario Centre of Excellence for Child & Youth Mental Health: Youth Engagement](#)
6. Explore and identify local community supports and resources related to child & adolescent health and development

ESSENTIAL RESOURCES: COMPLETE REVIEW WITHIN FIRST MONTH

1. [RNAO BPG: Engaging Clients Who Use Substances](#)

ADDITIONAL RESOURCES: FOR LEARNING AND REFERENCE

1. [RNAO BPG: Person and Family-Centred Care](#)
2. [RNAO BPG: Integrating Tobacco Interventions into Daily Practice](#)
3. [Engaging Youth Who Use Substances E-Learning Module](#)
4. [RNAO BPG: Tobacco Use and Cessation with Youth and Young Adults](#)
5. [Youth Engagement Video](#)
6. [Lung Health: Meaningful Youth Engagement 101 E-Learning Module](#)
 - Note: Scroll down the page till you get to “Engaging Youth With Health” and click on ‘Start Learning Now’ and enroll for that course
7. [RNAO Youth Mental Health and Addiction Champion Initiative](#)
8. [Public Health Ontario: Adverse Childhood Experiences](#)
9. [ACE's Coalition: Adverse Childhood Experiences Fact Sheet](#)

PLEASE COMPLETE MODULE 5 EVALUATION